

COVID-19

# TO PROTECT YOURSELF AND OTHERS AGAINST CORONAVIRUS



**Wash your hands  
very often**



**When coughing or  
sneezing, cover your  
mouth and nose with  
your arm or use a  
disposable tissue**



**Dispose of any  
tissues you have  
used**



**Avoid close contact  
when greeting  
people**



**For further information**



[GOUVERNEMENT.FR/INFO-CORONAVIRUS](https://www.gouvernement.fr/info-coronavirus)

**0 800 130 000**  
(free call)